



Stroke economy between me and _____

My interaction (conflict) between me and _____

Strokes:

I said/did/behaved

_____ said/did/behaved _____

I said/did/behaved

_____ said/did/behaved _____

I said/did/behaved

_____ said/did/behaved _____

- After you have written the strokes you received and had given, write next to each interaction:
PC- positive conditional
PU – positive unconditional
NC- negative conditional
NU – Negative unconditional
M/C- mixed/ contradictory

- For more information visit <http://www.ericberne.com/games-people-play/life-games/>